

Upcoming CLE opportunity

Lawyering & the Good Life

... (things they didn't teach you in Law School)

Don't come to this seminar if:

- **You get up almost every morning feeling positive about your day**
- **At the end of most days, you wonder where the time went and feel you accomplished a lot**
- **You feel your work and your life have meaning**
- **Your relationships with family and friends are close and satisfying**
- **You take regular vacations and have regular hobbies you enjoy**
- **You feel that your work and community service regularly call on you to do what you are really good at**

If, however, you'd like to have a fuller, more satisfying life in any of these areas (and become a better lawyer!), then this seminar could be for you!

9:30 – 10:00 Registration

10:00 – 11:00 Positive Psychology, Human Flourishing, and the Good Life

11:00 – 12:00 What About Lawyers?

12:00 – 1:00 Lunch (provided by Counsel on Call)

1:00 – 2:00 Panel – What can you do with a law degree?

2:00 – 3:00 Tying it all together – A way forward

Dave Shearon, JD, MAPP

Executive Director of the Tennessee Commission on Continuing Legal Education & Specialization (TCCLES)

Andy Branham, JD and Candice Reed, JD

Executive Directors of the Memphis & Nashville offices of Counsel on Call

Laura Gatrell, LSN

Executive Director of the Tennessee Lawyers Assistant Program (TLAP)

You will learn proven techniques to increase your orientation toward the positive in life and work. You will also gain insight into how to build a work environment that is both more enjoyable and more productive. Dave will draw on his Masters in Applied Positive Psychology to explain why it matters whether you, your partners, and your staff are happy, hopeful, and optimistic. Andy and Candice will introduce unusual ways lawyers have engaged their knowledge, experiences and skills both inside and outside of the traditional practice of law. Laura will speak on what TLAP is; how it functions, what it has done for lawyers around the state and how it might help someone you know.

For quality reasons, pre-registration is required and space is limited at each site.

To register: Call (615) 383-7421 or go to www.tba.org/TennBarU/index.html.

Co-sponsors: Counsel on Call, Tennessee Lawyers Assistance Program, Tennessee Bar Association, Tennessee Lawyers Association for Women, and the University of Tennessee College of Law

\$29.95 for 4.0 hours of dual credit

All proceeds to TLAP

Dates:

November 30 Chattanooga – Miller & Martin pllc

December 14 Jackson – Jackson-Madison County Library

January 19 Knoxville – University of Tennessee College of Law